

Module 3 – Sexual Energy Transmutation: From Desire to Discipline to Dollars

Day 19: Understanding Brainwaves: The Gateways of Conscious Transformation

Napoleon Hill, in his book *Think and Grow Rich*, discusses *Sex Transmutation*, where he emphasizes how a satisfying sex life can **redirect your energy and sharpen your focus** toward richness goals. He explains that sexual energy, when consciously guided, becomes one of the most **powerful forces for achievement**, creativity, and success.

Dr. Joe Dispenza, in his book *Becoming Supernatural*, builds on this understanding through **brainwave theory**. He explains that the **Alpha brainwave state** reflects **scattered energy**, where hundreds of thoughts move through the brain at the same time. However, when the brain shifts toward the **Beta brainwave** frequency, focus sharpens and the mind locks onto a **single thought** with **clarity and intention**.

Modern research further reveals that **orgasm** can temporarily move the brain into the **Beta brainwave phase or even the Gamma brainwave phase**, a state closely associated with **deep sleep, deep learning**, and heightened awareness. This rare neurological window is where the mind becomes most receptive—an ideal state to **visualize your future** and train the subconscious mind to receive whatever you desire.

In this module, you will learn how to **consciously use orgasm to guide your brain into Beta and Gamma brainwave states**—and **instead of falling asleep, enter a deep meditative state**. From there, you will train your subconscious to attract the wealth and abundance you seek, turning sexual energy into a focused, intentional force for **manifestation**.

Day 20: Sex Magick-Pre-Rituals to seek help from angels (Just for information)

Jeffery Epstein's *Sex Magick* rituals are about to come very soon. *Sex Magick* is a powerful tool that **vice people** use to **gain control** over other **human beings**, but trust me—this life is a **wonderful gift**. Do not seek powers that have the **potential to destroy you**. Always seek **positive energies** that are beneficial, and more importantly, **beneficial for other human beings** as well.

This practice is shared purely for your information. While it carries positive energy, **it is not recommended to practice**. You are strongly advised to practice only **Meditation and Mantra practice**. Again, emphasizing clearly—this is for information only.

Below are just **4 steps of pre-sex** rituals.

1. Begin by standing at the center of your space, **facing the East**. Take a few slow, deep **breaths**, allowing your body and mind to relax fully.
2. **Raise your right hand** and gently touch your forehead, vibrating the sacred word **"Ah-tah."**
3. **Lower your hand toward the ground**, in front of the pelvic region, and vibrate **"Mahl-koot."**
4. **Touch your right shoulder**, vibrating **"Vihg'boo-rah,"** then touch your left shoulder, vibrating **"Vihg'doo-lah."**

Day 21 – Powerful Mantras for Your Millionaire Journey

“I am the calm creator of limitless wealth; every action I take expands prosperity for myself and others.”

This **mantra** affirms inner stability, reminding the practitioner that true **wealth** grows from a centered and composed state of mind. It reinforces the **belief that prosperity is not accidental** but the natural result of **calm focus and purposeful action**.

This day is focused on **powerful mantras** designed to train your **subconscious mind** to become deeply calm, sharply focused, and aligned to achieve your goals with ease.

Day 22 – Understanding the Power of Yantra: The Geometry of Manifestation

The word **“Yantra”** originates from the Sanskrit roots **“Yam” (to hold, control, or sustain)** and **“Tra” (instrument or tool)**. In essence, a Yantra is an instrument that channels and contains **focused energy** — a visual or geometric key designed to anchor intention, direct prana, and magnify inner purpose.

On this day we will work with Yantra’s description what suit your goal and how to use that in the meditations. A Millionaire’s Yantra is therefore a symbolic tool that captures and holds the **energetic vibration of abundance**, clarity, and disciplined wealth creation. It serves as a **visual map for your subconscious mind** — transforming financial intention into energetic alignment.

The **ancient Yogic** concept of Yantra, which dates back **thousands of years**, has evolved in modern times into practices such as **visualization, vision boards, and symbolic goal-setting**. In essence, both serve the same purpose — to give form to intention and to **train the mind to hold a specific energetic vibration** until it **manifests in reality**. In Yogic tradition, a Yantra was drawn to focus prana and consciousness; today, a vision board or **symbolic image** performs the same function, acting as a visual anchor for the subconscious mind.

Day 23 – Tantra: The Science of Expansion and Integration

The word **“Tantra”** comes from the Sanskrit roots **“Tan” (to expand)** and **“Tra” (to liberate or instrument)**. Thus, Tantra literally means **“a tool for expansion and liberation.”** Contrary to modern **misconceptions** that equate Tantra only with **sensual or sexual practice**, its true essence is much broader: **Tantra is the path of wholeness**. It teaches us to use every aspect of life — **body, breath, mind, emotion, and desire** — as a means to awaken higher consciousness. Where other paths may seek to **suppress worldly experiences**, Tantra refines and transforms them into fuel for spiritual evolution.

At its heart, Tantra recognizes that **everything is energy**, and energy is neither good nor bad — it is simply **conscious potential**. Tantra is about learning how to direct that potential intentionally. When your thoughts, emotions, and physical vitality move in harmony, energy becomes your ally instead of your master. Through Tantra, you learn to **harness the polarities of life** — the masculine and feminine, stillness and movement, **discipline and surrender** — and merge them into a state of balance and awareness.

Day 24 – I Am a creator

“I am powerful, focused, and in command of my energy.” True power is not domination or excess—it is **mastery over one’s own life force.**

I possess **immense creative power** — in a single ejaculation, my reproductive system, ejects around **200 million sperms**, each carrying the potential to create a **new human life** or literary meaning that if all those **200 million sperms** are given chance to meet eggs, they will produce **200 million kids**. Within me exists the energy capable of generating **millions of kids with just one ejaculation**, a reminder of the **extraordinary life force** I hold and the responsibility and strength that come with mastering it. These 200 million sperms can impregnate 200 million women, this is the depiction of my power that I can **impregnate 200 millions** women with my one time release of sperms.

I am a creator. I create. My brain has power to create anything.

Day 25 – Emotional Mastery: Cultivating Positive Emotions and Transmuting Negativity

In this training, we build on the principles taught by **Napoleon Hill**, who described the **emotional spectrum** as the **foundation of personal success**. He identified **nine positive emotions** that elevate your vibration and fuel achievement, and **nine negative emotions** that weaken your energy and cloud your clarity. Positive emotions like **desire, faith, love, enthusiasm, and hope** act as the driving forces behind creativity and manifestation, while negative ones such as **fear, jealousy, anger, and greed** drain the nervous system, scatter focus, and block intuitive insight.

Emotional mastery begins with **awareness** — recognizing what you feel in the present moment, naming it, and consciously deciding whether to **amplify it or release it**. By cultivating positive emotions, you create an inner environment of coherence and power. By transmuting negative ones, you free yourself from reactive patterns and open space for growth.

Day 26 – The Science of Becoming Rich: Aligning Microcosmic Energy with the Cosmic Substance

As we move deeper into **energy transmutation** and manifestation, today’s training draws from the timeless wisdom of **Wallace D. Wattles**, author of *The Science of Getting Rich*. His work connects directly to what we have been exploring — the understanding that **the Microcosmic Orbit within you mirrors the greater Cosmic Energy outside you**. When your inner energy field becomes **ordered, calm, and directed**, it begins to **resonate with the universal field of creation**, which Wattles called the **“Formless Substance”** or the **“Original Thinking Substance.”**

At this stage, we start to **create money** from the formless substance that **is intelligent** and **capable to form and transport money** from every corner of this world. **Get ready to provide clear instruction to the formless substance to take form for you.**

Day 27: Meditations

This is the end of the formal training in Getting Rich Module. I have done many **meditation sessions** recorded for you to chose from for the **goal that resonate with your vision.**